Armed Forces College of Medicine

AFCM

Psychiatry Department

Extended Matching Items

INTENDED LEARNING OBJECTIVES (ILO

By the end of the lecture the candidate will be able to:

1-Understand the clinical presentation of various psychiatric disorders .

2-Discuss diagnosis of different psychiatric disorders .

3-Practice different interviewing skills and information gathering .

Question 1

Match each type of delusional disorder with the .vignette which best describes it

Each lettered option may be used once, more than once, or .not at all

a. Erotomanic

b. Grandiose

c. Jealous

d. Persecutory

e. Somatic

f. Mixed

g. Unspecified

Question 1

A 48-year-old woman becomes convinced that her next-door neighbor hates

her and wants her to move. She states she has evidence, and when asked to

explain, tells the psychiatrist that the neighbor gives her “looks,” puts excessive junk in her mailbox, and leaves yard .clippings on her side of the yard to harass her

Choose One

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her and wants her to move. She states she has evidence, and when asked to
explain, tells the psychiatrist that the neighbor gives her "looks," puts excessive junk in her mailbox, and leaves yard .clippings on her side of the yard to harass her

Choose One

Persecutory

Question 1

A 62-year-old man is arrested for disturbing people on their way to work by

insisting they take his prepared reading materials with them. The topic of the

materials was the man's special communications with God and his instructions

.for following him on a special path to heaven

Choose One

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insisting they take his prepared reading materials with them. The topic of the

materials was the man’s special communications with God and his instructions

.for following him on a special path to heaven

Choose One

Grandiose

Question 1

A 49-year-old man was arrested for beating up on his wife. He stated he had

to punish her for having an affair—which she vehemently .denied

The man's wife states to the police that the man has accused her of being interested in many other men over the course of .their marriage. He now seems fixated on the topic

Choose One

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to punish her for having an affair—which she vehemently .denied

The man's wife states to the police that the man has accused her of being interested in many other men over the course of .their marriage. He now seems fixated on the topic

Choose One

Jealous

Question 1

A 19-year-old college student came to his primary care doctor for help with

a foul odor he believed he was unintentionally emitting. The student stated that

the odor left him socially isolated and that he was miserable about it. The

..primary care doctor could detect no odor

Choose One

Question 1

A 19-year-old college student came to his primary care doctor for help with

a foul odor he believed he was unintentionally emitting. The student stated that

the odor left him socially isolated and that he was miserable about it. The

..primary care doctor could detect no odor

Choose One

Somatic

Question 2

Match each of the following vignettes with the most likely .diagnosis

Each lettered option may be used once, more than once, or not .at all

a. Panic disorder

b. Generalized anxiety disorder

c. Schizoid personality disorder

d. Schizotypal personality disorder

e. Anxiety disorder due to another medical condition

f. Factitious disorder

g. Malingering

h. Schizophreniform disorder

i. Schizophrenia

Question 2

A 28-year-old man comes to the psychiatrist because his employer required it. The patient says that he does not know why the employer required It that his job is good and that he likes it because it requires him to sit in front of computer .screen all day

He notes he has one friend whom he has had for more than 20 years and “doesn’t need anyone else.” The friend lives in another state and the patient has not seen him for at least a year. The patient denies any psychotic symptoms. His eye .contact is poor and his affect is almost flat

.Choose One

Question 2

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.Choose One

Schizoid personality disorder

Question 2

A 42-year-old woman is admitted to the hospital for 2 complaints of abdominal pain. Her history notes that her mother was a nurse and she herself is trained as a .phlebotomist

On physical examination, she presents with multiple abdominal scars and marked abdominal tenderness. The patient is evasive when asked where she had the surgeries, but she can describe in great detail what was done in each

Choose One

Question 2

A 42-year-old woman is admitted to the hospital for 2 complaints of abdominal pain. Her history notes that her mother was a nurse and she herself is trained as a .phlebotomist

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Factitious disorder

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Choose One

Factitious disorder

Question 1

A 32-year-old woman comes to the psychiatrist with a-3 chief complaint of anxiety. She notes that she worries about paying the mortgage on time, whether or not she will get stuck in traffic and be late for appointments, her .husband’s and daughter’s health, and the war in Iraq

She notes that she has always been anxious, but since the birth of her daughter 2 years ago, the anxiety has worsened to the point that she feels she cannot function .as well as she did previously

Choose One

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Choose One

Generalized anxiety disorder

Question 3

Match the following vignettes with the diagnoses they best describe.

Each lettered option may be used once, more than once, or not at all.

a. Anticholinergic syndrome

b. Neuroleptic malignant syndrome

c. Acute dystonic reaction

d. Akathisia

e. Serotonin syndrome

f. Thyrotoxicosis

g. Malignant hyperthermia

Question 3

A 32-year-old woman presents with restlessness and motor .1 agitation. When

questioned, she notes that “I feel like I have to move.” She denies auditory or

visual hallucinations

Choose one

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agitation. When
questioned, she notes that “I feel like I have to move.” She
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Choose one

Akathisia

Question 3

A 22-year-old man presents with extreme rigidity, altered .2
,mental status

temperature of 104°F, and a highly elevated creatine
.phosphokinase (CPK)

Choose one

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Neuroleptic malignant syndrome

Question 3

A 65-year-old woman is brought to the emergency room by .3 her husband. She is delirious, and her husband notes that before she became that way she

.complained of blurry vision, dry mouth, and constipation

Choose one

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Choose one

Anticholinergic syndrome

Question 3

A 37-year-old man presents with headache, confusion, .4 shivering, sweating, hypertension, nausea, diarrhea, and .hyperreflexia

Choose one

Question 3

A 37-year-old man presents with headache, confusion, .4
shivering, sweating, hypertension, nausea, diarrhea, and
.hyperreflexia

Choose one

Serotonin syndrome

Question 3

A 29-year-old woman presents to the emergency room .5
because she is unable to move her head which remains tilted
.off to one side

A lateral flexion contracture of the cervical spine)
(.musculature

Choose One

Question 3

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Choose One

Acute dystonic reaction

Question 4

Match each patient's symptoms with the most .appropriate diagnosis

Each lettered option may be used once, more than once, .or not at all

a. Major depressive disorder with atypical features

b. Double depression

c. Cyclothymic disorder

d. Major depressive disorder with melancholic features

e. Schizoaffective disorder

f. Major depressive disorder with seasonal pattern

Question 4

An elderly man has been profoundly depressed for several weeks. He cries easily and is intensely preoccupied with trivial episodes from his past, which he considers unforgivable sins. This patient awakens every morning at 3 am and cannot go back to sleep. Anything his family has tried to .cheer him up has failed

He has completely lost his appetite and appears .gaunt and emaciated

Choose One

Question 4

An elderly man has been profoundly depressed for several weeks. He cries easily and is intensely preoccupied with trivial episodes from his past, which he considers unforgivable sins. This patient awakens every morning at 3 am and cannot go back to sleep. Anything his family has tried to .cheer him up has failed

He has completely lost his appetite and appears .gaunt and emaciated

Choose One

Major depressive disorder with melancholic features

Question 4

A young woman, who has felt mildly unhappy and dissatisfied with herself for most of her life has been severely depressed, irritable, and an hedonic .for 3 weeks

Choose One

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A young woman, who has felt mildly unhappy and dissatisfied with herself for most of her life has been severely depressed, irritable, and an hedonic .for 3 weeks

Choose One

Double depression

Question 4

For the past 6 weeks, a middle-aged woman’s mood has been mostly depressed, but she cheers up briefly when her grandchildren visit or in .coincidence with other pleasant events

She is consistently less depressed in the morning than at night. When her children fail to call on the phone to inquire about her health, her mood deteriorates even more. She sleeps 14 hours every .night and has gained 24 lb

Choose One

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Choose One

Major depressive disorder with atypical features

Question 4

Since he moved to Maine from his native Florida 3 years earlier, a college
student has had great difficulty preparing for the winter-term courses. He starts
craving for sweets and feeling sluggish, fatigued, and irritable .in late October

These symptoms worsen gradually during the following months, and by
February he has consistently gained several pounds. His mood and energy level start improving in March, and by May he is back to baseline

Choose One

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Major depressive disorder with seasonal pattern

Question 5

Match the following classical presentations with its diagnosis. Each lettered option may be .used once, more than once, or not at all

a. Somatic symptom disorder

b. Conversion disorder

c. Illness anxiety disorder

d. Body dysmorphic disorder

e. Somatic symptom disorder with pain as the predominant symptom

Question 5

Match the following classical presentations with its diagnosis. Each lettered option may be .used once, more than once, or not at all

a. Somatic symptom disorder

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c. Illness anxiety disorder

d. Body dysmorphic disorder

e. Somatic symptom disorder with pain as the predominant symptom

Question 2

A 20-year-old woman comes to her primary care doctor with multiple symptoms which are present across several organ systems. She has seen five doctors in the past 3 months, and has had six .surgeries since the age of 18

Choose One

Question 5

A 20-year-old woman comes to her primary care doctor with multiple symptoms which are present across several organ systems. She has seen five doctors in the past 3 months, and has had six .surgeries since the age of 18

Choose One

Somatic symptom disorder

Question 5

A 17-year-old girl presents to a physician .3 complaining that her face is “out of proportion” and that she looks like “Mr Hyde—like a monster.” On examination, the girl is a pleasant-looking young woman with no facial deformities of any kind

Choose one

Question 5

A 17-year-old girl presents to a physician .3 complaining that her face is “out of proportion” and that she looks like “Mr Hyde—like a monster.” On examination, the girl is a pleasant-looking young woman with no facial deformities of any kind

Choose one

Body dysmorphic disorder

Question 5

A 45-year-old woman presents to her physician with a chief complaint of a severe headache that is increasing in severity over the past 3 weeks. The patient states that 1 month ago she was in an auto accident and was diagnosed with a concussion. The patient states that the headache has been increasing since then

and she is completely unable to work. The MRI of .her head is normal

Choose one

Question 5

A 45-year-old woman presents to her physician with a chief complaint of a severe headache that is increasing in severity over the past 3 weeks. The patient states that 1 month ago she was in an auto accident and was diagnosed with a concussion. The patient states that the headache has been increasing since then

and she is completely unable to work. The MRI of .her head is normal

Choose one

Illness anxiety disorder

Question 6

Match each patient's symptoms with the most likely .diagnosis

Each lettered option may be used once, more than once, or .not at all

a. Somatic symptom disorder

b. Specific phobia

c. Dissociative identity disorder

d. Obsessive-compulsive disorder

e. Dissociative amnesia

f. Posttraumatic stress disorder

g. Body dysmorphic disorder

h. Persistent depressive disorder (Dysthymia)

Question 6

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g. Body dysmorphic disorder

h. Persistent depressive disorder (Dysthymia)

Question 6

Two years after she was saved from her burning-1 house, a 32-year-old woman continues to be distressed by recurrent dreams and intrusive .thoughts about the events

Choose one

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Choose one

Posttraumatic stress disorder

Question 6

A nun is found in a distant city working in a -2 cabaret. She is unable to remember anything about .her previous life

Choose one

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A nun is found in a distant city working in a cabaret. She is unable to remember anything about .her previous life

Choose one

Dissociative amnesia

Question 6

For the past 3 years, a 24-year-old college-3 student has suffered from chronic headache, fatigue, shortness of breath, dizziness, ringing ears, and constipation. He is incensed when his primary physician recommends a psychiatric evaluation because no organic cause for his symptoms could be found

Choose one

Question 6

For the past 3 years, a 24-year-old college student has suffered from chronic headache, fatigue, shortness of breath, dizziness, ringing ears, and constipation. He is incensed when his primary physician recommends a psychiatric evaluation because no organic cause for his symptoms could be found

Choose one

Somatic symptom disorder

Question 6

A 35-year-old woman is often late to work-4 because she must shower and dress in a very particular order or else she becomes increasingly anxious

Choose one

Question 6

A 35-year-old woman is often late to work-4 because she must shower and dress in a very particular order or else she becomes increasingly anxious

Choose one

Obsessive-compulsive disorder

Question 7

Match each patient's behavior with the most likely personality .disorder

.Each lettered option may be used once, more than once, or not at all

a. Paranoid

b. Schizotypal

c. Schizoid

d. Narcissistic

e. Borderline

f. Histrionic

g. Antisocial

h. Obsessive-compulsive

i. Dependent

j. Avoidant

Question 7

A 28-year-old woman begins seeing a psychiatrist because, she says, “I am

just so very lonely.” Her speech is excessively impressionistic .and lacks specific detail

She flirts constantly with the physician and is “hurt” when .the therapist does not notice her new clothes or hairstyle

Choose One

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Choose One

Histrionic

Question 7

A 42-year-old man comes to the psychiatrist at the insistence of his boss
because he constantly misses important deadlines. The man states that everyone
at work is lazy and that no one lives up to his own standards for perfection. He is
angry when the physician starts the interview 3 minutes later than the appointed
time. He notes that he is always fighting with his wife because he is a ""pack rat
and is unable to throw anything out. During the interview, he appears very rigid
.and stubborn

Choose One

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and is unable to throw anything out. During the interview, he appears very rigid
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Choose One

Obsessive-compulsive

Question 7

A 25-year-old high school dropout has been arrested more than 12 times for

various assault, fraud, and attempted murder charges. He has been in many

physical fights, usually after he got caught cheating at cards. On examination, he seems relaxed and even cocky, and he shows no remorse for his actions

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Choose One

Antisocial

Question 8

Match each patient's symptoms with the correct .diagnosis

Each lettered option may be used once, more than once, or not at all

a. Hypersomnolence disorder

b. Narcolepsy

c. Non-REM

d. Circadian rhythm sleep disorder, shift work type

e. Insomnia disorder

f. Periodic limb movement disorder

g. Obstructive sleep apnea/hypopnea

h. Restless legs syndrome

Question 8

1. A woman complains about her husband moving his legs constantly while he
sleeps. She ends up being kicked several times every night. The husband has no memory of this night-time activity, but he reports that he wakes up tired every morning despite getting what he considers an adequate amount of sleep (7 to 8 hours per night)

Choose One

Question 8

A woman complains about her husband moving his legs .1 constantly while he

sleeps. She ends up being kicked several times every night. The husband has no memory of this night-time activity, but he reports that he wakes up tired every morning despite getting what he considers an adequate amount of sleep (7 to 8 hours per night)

Choose One

Restless legs syndrome

Question 8

Because of her job's requirements, a per diem- 2 nurse works different shifts almost every week. She is constantly sleepy and fatigued. However, even when she has days off, she has great difficulty falling asleep at night and remaining asleep for (more than 2 to 3 hours at a time

Choose One

Question 8

Because of her job's requirements, a per diem- 2 nurse works different shifts almost every week. She is constantly sleepy and fatigued. However, even when she has days off, she has great difficulty falling asleep at night and remaining asleep for (more than 2 to 3 hours at a time

Choose One

Circadian rhythm sleep disorder, shift work type

Question 8

For the past 2 years, a 28-year-old man has found himself .3
in many

dangerous or embarrassing situations because of his inconvenient habit of falling abruptly asleep in the middle of any activity. Once he hit a pole because he fear asleep while driving. His wife still teases him for “taking a nap” while they were having sex. The man reports that he starts dreaming as soon as his eyes close, and when he wakes up, 10 to 20 minutes later, he feels wide awake and refreshed

Choose One

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Choose One

Narcolepsy

Question 8

A young man has felt consistently sleepy during the day .4 for as long as he

can remember. Although he sleeps from 9 to 11 hours every night, he wakes up

unrefreshed and needs to take a nap at least once a day in .order to function

According to his wife and bed partner, he does not snore and he does not kick

her while sleeping. Aside from the difficulties caused by his chronic sleepiness, his history is unremarkable

Choose One

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her while sleeping. Aside from the difficulties caused by his chronic sleepiness, his history is unremarkable

Choose One

Obstructive sleep apnea/hypopnea

Question 9

Match each vignette with the correct term .describing it

Each lettered option may be used once, more than .once, or not at all

a. Tolerance

b. Potentiation

c. Withdrawal

d. Dependence

e. Addiction

.f. Substance use disorder

Question 9

Match each vignette with the correct term .describing it

Each lettered option may be used once, more than .once, or not at all

a. Tolerance

b. Potentiation

c. Withdrawal

d. Dependence

e. Addiction

.f. Substance use disorder

Question 9

A 22-year-old man continues to use alcohol on a once- .1
weekly basis, despite
the fact that every time he uses it he does something embarrassing, which he
regrets. This has led him to lose some of his friends because they do not want to be around him when such behavior .occurs

.Choose One

Question 9

A 22-year-old man continues to use alcohol on a once- .1 weekly basis, despite

the fact that every time he uses it he does something embarrassing, which he

regrets. This has led him to lose some of his friends because they do not want to be around him when such behavior .occurs

.Choose One

.Substance use disorder

Question 9

A 36-year-old cocaine user notices that the longer-2 he uses the drug, the more of it he requires to achieve the same effect

.Choose One

Question 9

A 36-year-old cocaine user notices that the longer-2 he uses the drug, the more of it he requires to achieve the same effect

.Choose One

Tolerance

Question 9

year-old woman passes out in a bar after one-3-22 drink of wine. She normally can drink two glasses before she feels any effects from the alcohol. Her psychiatrist has recently started her on a new .medication for her nerves

Choose One

Question 9

year-old woman passes out in a bar after one-322 drink of wine. She normally can drink two glasses before she feels any effects from the alcohol. Her psychiatrist has recently started her on a new .medication for her nerves

Choose One

Potentiation

Question 10

A. Fetishism
B. Sexual masochism
C. Voyeurism
D. Transvestic fetishism
E. Sexual sadism
F. Frotteurism
G. Exhibitionism
H. Kleptomania
I. Pedophilia
J. Pyromania

What type of paraphilia matches the following ?descriptions

Each option may be used once, more than once or not

Question 10

.Using inanimate objects to achieve sexual arousal

Choose One

Fetishism

Question 10

Tendency to observe unsuspecting persons naked or engaged in some sexual activity

Choose One

Question 10

Tendency to observe unsuspecting persons naked or engaged in some sexual activity

Choose One

Voyeurism

Question 10

Tendency to wear clothes of the opposite sex to obtain sexual arousal

Choose One

Question 11

A. Tourette's syndrome
B. OCD
C. Conduct disorder
D. ASD
E. Depression
F. ODD
G. ADHD
H. Learning difficulties

Choose the most appropriate diagnosis in the following .scenarios

.Each option may be used once, more than once or not at all

Question 11

An 8-year-old boy is brought to your clinic and reported to .have tantrums in response to limits on his behavior

He continues to engage in unacceptable behavior as though .he is trying to provoke his mother

.Choose one

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An 8-year-old boy is brought to your clinic and reported to .have tantrums in response to limits on his behavior

He continues to engage in unacceptable behavior as though .he is trying to provoke his mother

.Choose one

ODD

Question 11

An 11-year-old child who is very disruptive, doesn’t let you speak during assessment and also finds it difficult to sit in .one place

.Choose one

Question 11

An 11-year-old child who is very disruptive, doesn't let you speak during assessment and also finds it difficult to sit in .one place

.Choose one

ADHD

Question 11

A 9-year-old boy attends your clinic but doesn't touch anything in your office. He only likes food cooked in the microwave because that's how germs are killed and finds it .difficult to complete assignments at school

.Choose one

Question 11

A 9-year-old boy attends your clinic but doesn’t touch anything in your office. He only likes food cooked in the microwave because that’s how germs are killed and finds it .difficult to complete assignments at school

.Choose one

OCD


Thank you